

# SYCAMORE BASKETBALL CIUB CONCUSSION AND HEAD INJURY REPORT FORM

Name of Injured Perso	on:		Date/Time of Injury:			
Injured Person is:	Player	Coach	Spectator	Other		
Involved Person: (Person who responde		c.)				
Involved Person: (Person who responde		c.)				
Witnesses to Injury:						
Injury Occurred Durir	ng:Praction	ceScrim	mageGame	·	Other, please spec	cify event
Describe the Injury/Sy	mptoms					
"Concussion Sympto Describe exact circum Was there loss of cons section below.	stances which	led to injury:	-			  Checklist"
Was the participant da Checklist" section bel		nted?Ye	esNo If y	es, please complete	e the "Concussion"S	ymptoms
Was EMS called?	_Yes]	No If yes, how	v long before they	arrived?:	_min.	
Did participant return	to activity?	Yes	_No If yes, how lo	ong was the partici	pant out?:	_min.
Was the parent/guardi	an contacted r	egarding the ir	jury?Yes	No		
Who contacted the par	rent/guardian?					
Did parent/guardian ta	ake participant	to the hospital	?YesNo			
Describe how the inju	ry was dealt w	vith:				

Use the back of this form if more space is needed.

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#### **Concussion Symptoms Checklist:**

Please place a check mark next to any symptoms you observe or are reported by the injured player.

# Coaches must remove an athlete exhibiting the signs and symptoms of a concussion during practice or a game. These signs and symptoms include:

 $\Box$  Appears dazed or stunned.

- $\Box$  Is confused about assignment or position.
- ☐ Forgets plays.
- $\Box$  Is unsure of game, score or opponent.
- ☐ Moves clumsily.
- $\Box$  Answers questions slowly.
- $\Box$  Loses consciousness (even briefly).
- □ Shows behavior or personality changes (irritability, sadness, nervousness, feeling more emotional).
- $\Box$  Can't recall events before or after hit or fall.
- Any headache or "pressure" in head. (How badly it hurts does not matter.)
- $\Box$  Nausea or vomiting.
- □ Balance problems or dizziness.
- $\Box$  Double or blurry vision.
- $\Box$  Sensitivity to light and/or noise
- □ Feeling sluggish, hazy, foggy or groggy.
- $\Box$  Concentration or memory problems.
- □ Confusion
- Does not "feel right."
- $\Box$  Trouble falling asleep.
- $\Box$  Sleeping more or less than usual.

## SYCAMORE BASKETBALL CLUB **CONCUSSION AND HEAD INJURY REPORT FORM**

NAME OF PLAYER REMOVED FROM PRACTICE OR DATE PLAYER REMOVED FROM GAME DUE TO CONCUSSION SYMPTOMS

PRACTICE OR GAME

NAME OF PERSON COMPLETING THIS FORM

SIGNATURE OF PERSON COMPLETING THIS FORM

NAME OF HEAD COACH

SIGNATURE OF HEAD COACH

SAC BOARD PRESIDENT

DATE

DATE

DATE

A COPY OF THIS COMPLETED FORM MUST BE RETAINED BY THE HEAD COACH

THE HEAD COACH MUST PROVIDE A COPY OF THIS COMPLETED FORM TO THE SAC BOARD PRESIDENT