



## Sycamore Basketball Club Concussion Management Policy

On April 26, 2013, the Ohio Legislature adopted the Ohio Return to Play Law in regard to concussion and head injuries in youth sports. The Sycamore Basketball Club Board of Directors has adopted the following policy to implement the requirements of the law.

1. The Sycamore Basketball Club (SBC) shall provide the parent or guardian of a child who wishes to play on a SBC basketball team the Ohio Department of Health Concussion Information Sheet. SBC will provide the Concussion Information Sheet to parents and guardians annually. All parents and legal guardians shall review and sign the "Concussion Information Sheet."
2. Individuals who wish to coach a SBC team must successfully complete a free online training program in recognizing the symptoms of concussion and head injuries provided by the Ohio Department of Health. The Concussion Training Course must be completed every three (3) years.
3. Any child, while practicing for or competing in a basketball game organized by SBC, who exhibits signs, symptoms, or behaviors consistent with having a concussion or head injury (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall immediately be removed from the practice or game by one of the following:
  - a. The person serving as the child's coach during the practice or game;
  - b. The person serving as the referee or official during the practice or game.

#### 4. RETURN TO PLAY PROTOCOL

If a child is removed from a practice or game due to a suspected concussion or head injury, the coach, referee, or official who removed the child shall not allow the child, to return to that practice or game, **ON THE SAME DAY THE CHILD IS REMOVED**. Thereafter, the coach or official shall not allow the child to return to practice or a game until both of the following conditions are satisfied:

- a. The child is examined by a physician licensed under Chapter 4731 of the Ohio Revised Code to practice medicine and surgery or osteopathic medicine or surgery (M.D. or D.O.).
- b. The child receives **written authorization** from a physician that it is safe for the child to return to practice and games.
- c. A physician who conducts an examination or grants clearance for a child to return to participation may be a volunteer.